



Your first meeting with the NDIS to see if you can get an NDIS plan. After this meeting, if you are told you can get a plan with the NDIS...

you can have a yarn with family, friends and carers about what you might need in your plan. Maybe you could use your Our Way Planning book to help you.

When you meet with the NDIS planner, you can use the Our Way Planning book to talk about the things you might need to help keep you strong.

Meeting with the NDIA to see if your plan has been approved and what it might look like.

Putting your NDIS plan into action and connecting with local services and supports to help you do the things you talked about in your plan.

# Walking

## with the NDIS

Helping you follow the steps  
to make a plan that will  
keep you strong

Check out the  
story animation,  
scan the  
QR code!

